

Rex G. Carr, M.D.
Curriculum Vitae
12/5/2021

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Websites: rexcarrmd.com
painfatiguelyme.com
thethinkingdoctor.org
howtotreatlymedisease.info
preventtickbites.org
newtickbites.org
thetruthhasnosides.org

Date of Birth: August 27, 1954

Place of Birth: East St. Louis, Illinois

Education:

8/1972 - 6/1976 Undergraduate Education
University of Illinois
Champaign-Urbana, Illinois
College of Liberal Arts and Sciences
B.S. in Biochemistry

8/1976 - 5/1979 Graduate College
University of Illinois
Chicago, Illinois
Department of Pathology
Doctoral Program

8/1979 - 5/1983 St. Louis University School of Medicine
St. Louis, Missouri
Doctor of Medicine

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Residency Training:

6/1983 - 6/1986 Physical Medicine and Rehabilitation
Rehabilitation Institute of Chicago
Northwestern University Medical Center
Chicago, Illinois

Licensure and Certification:

Illinois, 036-070000 (inactive)
Pennsylvania, MD035231-E
New Hampshire, 7980
Vermont, 42-0007835 (inactive)
American Board of Physical Medicine and Rehabilitation
5/20/87, Certificate Number 2577

Academic Appointments:

1983 Clinical Clerkship Preceptor,
Neurology Chicago, IL

1/1983 – 5/1985 Clinical Clerkship Preceptor,
Physical Medicine and Rehabilitation
Chicago, IL

7/1987 - 12/1988 Instructor, Clinical Faculty
Jefferson Medical College
Department of Physical Medicine and Rehabilitation
Malvern, PA

12/1988 - 6/1993 Assistant Professor
Clinical Medicine
Dartmouth Medical School
Hanover, NH

Appointments or Positions:

6/1986 - 11/1988 Staff Physiatrist
Bryn Mawr Rehabilitation Hospital
Malvern, PA

7/1986 - 11/1988 Director, Spinal Cord Injury Program
Bryn Mawr Rehabilitation Hospital
Malvern, PA

1/1987 - 11/1988	Member, Ambulatory Task Force Committee Bryn Mawr Rehabilitation Hospital Malvern, PA
5/1987 - 11/1988	Outpatient Coordinator Bryn Mawr Rehabilitation Hospital Malvern, PA
12/1988 - 6/1993	Medical Director, Department of Rehabilitation Medicine Mary Hitchcock Memorial Hospital Hanover, NH and Lebanon, NH
12/1988 - 6/1993	Section Chair, Physical Medicine and Rehabilitation Department of Medicine Hitchcock Clinic Full Time. 20% admin. 80% inpt and opt pt care
6/1993 -	Solo Private Practice Full Time Outpatients
12/12/20 -	Logistics Health, Inc and Maxim Healthcare Services Veterans Administration Traumatic Brain Injury and Headache Pension and Compensation Examinations
9/27/2011 -	Affiliate Staff Alice Peck Day Memorial Hospital Lebanon, NH

Other Professional Positions:

10/1/20 – 12/1/21	Member State of New Hampshire Commission to Study Testing for Lyme and Other Tick-Borne Diseases
7/2019 – 11/2019	Member Clinical Aspects of Lyme Disease Subcommittee Health and Human Services Tick-Borne Illness Working Group
2016 -	Tick Free NH Council Member
2015 - 2016	Lyme Disease Prevention Advisory Committee NH Charitable Foundation/Community Health Institute
1/1998	Peer Review Consultation Annals of Plastic Surgery
12/1988 - 6/1993	Member, Utilization Review and Patient Flow Committee Mary Hitchcock Memorial Hospital

3/1989 - 10/2001	Appeals Committee Member New Hampshire Foundation for Medical Care
11/1990 - 10/2001	Member, Executive Board of Directors
11/2002 - 01/2009	New Hampshire Foundation for Medical Care/ Northeast Health Care Quality Foundation
8/1992 - 10/1992	Acting Vice President, Board of Directors New Hampshire Foundation for Medical Care
10/1992 - 12/1995	President, Board of Directors New Hampshire Foundation for Medical Care
11/1998 - 10/2001	Treasurer, Board of Directors New Hampshire Foundation for Medical Care
11/2002 - 01/2009	Treasurer, Board of Directors New Hampshire Foundation for Medical Care/ Northeast Health Care Quality Foundation
12/2009 -	Member, Board of Directors New Hampshire Foundation for Medical Care/ Northeast Health Care Quality Foundation
12/2010 -	Member Finance Committee Board of Directors Northeast Health Care Quality Foundation
1/1996	Medical Advisor, West Lebanon Fibromyalgia Support Group
10/1993 - 10/2001	Delegate American Peer Review Association
4/1993 - 1/1996	Member, Data Committee New Hampshire Foundation for Medical Care
1/1993	Panel Physician, Liberty Mutual Insurance Company

Memberships, Office and Committee Assignments in Professional Societies:

New Hampshire Medical Society

American Academy of Physical Medicine and Rehabilitation
Fellow

International Lyme and Associated Diseases Society

Academic Meetings and Courses:

2020 Recognizing and Reporting Child Abuse: Mandated and
Permissive Reporting in Pennsylvania

HeartCode BLS American Heart Association June 2020

Fourth Annual Lyme Disease Topics at John Hopkins
Johns Hopkins University School of Medicine June 2020

2020 Scope of Pain: Safer/Competent Opioid Prescribing
Education. Boston University School of Medicine

2018 NH Antimicrobial Stewardship Symposium May 23, 2018
NH Division of Public Health Services

2018 Case Studies in Early Lyme Disease LymeCME AAFP
Accredited

2018 SCOPE of Pain: Safe and Competent Opioid Prescribing
Education Boston University School of Medicine

2018 Serologic Testing in Lyme Disease AAFP Accredited

2018 Prescriber Education for Extended-Release and Long-Acting
Opioid Analgesics, Caring for Patients at the End of Life Informed
New Hampshire Medical Licensure Program

2017 Annual Scientific Conference – Tick-borne Diseases:
The Global Perspective Nov. 10-12, 2017 Boston, MA

2017 ILADS Lyme Fundamentals Course
Nov. 9, 2017 Boston, MA

2017 Neurology for the Non-Neurologist
Stowe, VT October 20, 2017

42nd Annual Family Medicine Review Course
Burlington, VT May/June 2016

16th Annual Conference Lyme & Other Tick-Borne Diseases:
Science Bridging the Gap
Warwick, RI Nov. 14 &15, 2015

International Lyme and Associated Diseases Society
Lyme Fundamentals Pre-Conference Workshop
Fort Lauderdale, FL Oct. 15, 2015

International Lyme and Associated Diseases Society
16th Annual Scientific Session
Fort Lauderdale, FL Oct. 16-18, 2015

40th Annual Vermont Family Medicine Review Course
The University of Vermont College of Medicine
Burlington, VT June 10-13, 2014

SCOPE of Pain: Safe and Competent Opioid Prescribing Education
Boston University School of Medicine
May 21, 2014

15th Annual Lyme & Tick-Borne Diseases:
Medical, Neuropsychiatric & Public Health Implications
Lyme Disease Association and Columbia University
Providence, RI May 3-4, 2014

Multimodal Approaches to Chronic Pain Management
Boston University School of Medicine
Oct. 3, 2012

Family Medicine Review Course
University of Vermont College of Medicine
Burlington, VT June 5-8, 2012

Lyme & Tick-borne Diseases:
2011 Update for Scientists, Clinicians & Health Officials
Philadelphia, PA Oct. 1-2, 2011

12th Annual Scientific Session of the International Lyme and
Associated Diseases Society, Toronto, Canada, Oct. 28 – 30, 2011

Lyme Disease in the Granite State,
New Hampshire Medical Society, Bedford, NH, March 14, 2011

Lyme & Other Tick-Borne Diseases:
The Science & Clinical Implications
Columbia University, College of Physicians and Surgeons
Lyme Disease Association, Philadelphia, PA Oct., 2010

2010 International Lyme and Associated Diseases Society
Annual Scientific Conference
Lyme Disease and clinical knowledge and treatment techniques
Medical Society of the State of New York, Westin, NJ, Oct., 2010

Lyme & Other Tick-Borne Diseases:
34 Years, From Lyme, Connecticut Across the Nation
Columbia University, College of Physicians and Surgeons
Lyme Disease Association, National Harbor, MD Oct. 23, 2009

ILADS 2009 Lyme Disease Conference
International Lyme and Associated Diseases Society
Westchester Academy of Medicine
National Harbor, MD Oct. 24-25, 2009

2008 International Lyme and Associated Disease Society
Ninth Annual Scientific Session
San Francisco, CA Oct. 18-19, 2008

Lyme & Other Tick-Borne Diseases:
Solutions Through Cutting Edge Science
Columbia University, College of Physicians and Surgeons
Lyme Disease Association, Oct. 17, 2008

7th World Congress on Myofascial Pain Syndromes and
Fibromyalgia Syndrome, Washington, DC, Aug. 2007

International Lyme and Associated Disease Society
2007 Annual Scientific Session, Newton, MA, Oct. 2007

Lyme & Other Tick-Borne Diseases:
Bridging the Medical Chasm, Newton, MA, Oct. 2007

Lyme & Other Tick-Borne Diseases:
Seeking Answers Through Science, Philadelphia, PA, Oct. 2006

International Lyme and Associated Disease Society 2006
Annual Scientific Session, Philadelphia, PA, Oct. 2006

Lyme & Other Tick-Borne Diseases: Emerging Tick-Borne
Diseases, Columbia University, Lyme Disease Association,
Philadelphia, PA, Oct. 28, 2005

International Lyme and Associated Diseases Society's 2005
Annual Scientific Meeting, Philadelphia, PA, October 29 - 30,
2005

OHM Society for Orthomolecular Health-Medicine 11th Annual
CME meeting, San Francisco, CA, Feb. 24 - 28, 2005

International Lyme and Associated Diseases Society's 2004
Annual Scientific Meeting, Rye Brook, New York, October 23 -
24, 2004

"Lyme and Other Tick-Borne Diseases: Technology Leading the
Way", A National Conference for Physicians and Allied Health
Professionals, Columbia University College of Physicians and
Surgeons, Lyme Disease Association, Rye Brook, New York,
October 22, 2004

"Ticks, Prevention, Diagnosis, Testing, Treatment of Tick-Borne
Disorders and the Legal Side of Lyme", Lyme Disease Foundation,
October 16, 2004

"Emerging Concepts in the Diagnosis and Treatment of Pain: An
Intensive and Comprehensive Review", The American Academy
of Physical Medicine and Rehabilitation, New Orleans, LA April
28 - May 2, 2004

The NHMS Fall Conference Prescription Opioid Use, Abuse, and
Diversion, 2003

16th International Conference
State of the Art of Tick-Borne Disorders, 2003

IX International Conference of Lyme Borreliosis and other Tick-
Borne Diseases, 2002

15th International Scientific Conference on Lyme Disease and
Other Tick-Borne Disorders, 2002

KMRREC's 14th Annual Review Course in PM&R
March 08 - 14, 2002

14th International Scientific Conference on Lyme Disease and
Other Tick-Borne Disorders, Hartford, CT 2001

13th International Scientific Conference on Lyme Disease and
Other Tick-Borne Disorders, Farmington, CT 2000

12th International Scientific Conference on Lyme Disease and
Other Tick-Borne Disorders, New York, 1998

Fourth World Congress on Myofascial Pain and Fibromyalgia,
Silva Maria, Italy 1998

Annual Scientific Meeting of the American Academy of Physical
Medicine and Rehabilitation, 1985, 1986, 1987, 1989, 1990, 1991,
1992, 1993, 1997, 1999, 2004, and 2005

"Primary Care for Subspecialists," Harvard Medical School
Continuing Education, 1996

"Alternative Medicine Conference," New Hampshire Medical
Society, 10/27/95

Third World Congress of Myofascial Pain and Fibromyalgia,
San Antonio, Texas 1995

Myofascial Workshop, Robert Gerwin, M.D., San Antonio, Texas,
1995

Fibromyalgia Workshop, Frederick Wolfe, M.D., San Antonio,
Texas, August 03, 1995

American Medical Peer Review Association, 1993 Annual Session
Concepts and Theories of Continuous Improvement, Dartmouth-
Hitchcock Medical Center, 1993

Americans with Disabilities Act: The Physician's Role, 1992

Annual Meeting of the American Congress of Rehabilitation
Medicine, 1985, 1986, 1987, 1989, 1990, 1991 and 1992

Low Back Pain: An International Course on Contemporary
Management. University of Washington School of Medicine, 1992

Functional Stabilization and Postural Stabilization for Back Patients, Ascutney, Vermont, September 1990

Upper and Lower Limb Orthotics and Prosthetics, Northwestern University, The Medical School, Chicago, Ill., May 1990

Basic Electromyography, By Ohio State University in San Diego, CA, August 1989

Closed Head Injury: A Continuum of Care Approach, Dartmouth-Hitchcock Medical Center, 1989

Jefferson Medical College of Thomas Jefferson University, CME Lecture Series, 1987 - 1988

Fourth Annual Houston Conference on Neurotrauma, Houston, Texas 1988

Rehabilitation of the Traumatically Brain Injured, Philadelphia, PA, March 1988

Current Strategies for Managing Spasticity, Temple University, Philadelphia, PA, April 1988

Baylor University Specialty Board Review Course for Physical Medicine and Rehabilitation, Houston, Texas 1987

Classifying Athletes for Participation in Wheelchair Basketball, Rehabilitation Institute of Chicago, 1984

Midwest Regional Physiatriic Conference, 1984

Spinal, Lower and Upper Limb Orthotics for Physicians, Surgeons And Therapists, Rehabilitation Institute of Chicago, 1984

Lower and Upper Limb Prosthetic for Physicians and Surgeons, Rehabilitation Institute of Chicago, 1983

Midwest Immunology Conferences, 1977 and 1978

Articles Reviewed:

- 1988 “Comparison of Supine and Lateral Positioning on Various Clinical Used Support Surfaces.” Annals of Plastic Surgery, 1988
- 1988 “Evaluation of Results and Treatment of Variables for Pressure Ulcers in 48 Veteran Spinal Cord Injured Patients.” Annals of Plastic Surgery, 1998

Research Interests:

- 1976 University of Illinois
Champaign-Urbana, Illinois
Department of Biochemistry
Senior Thesis Student
Bacterial Chemotaxis
- 1977 – 1979 University of Illinois – Medical Center
Graduate Student – Clinical Immunology
Effects of Gangliosides on Human Lymphoblastoid Cell Lines

Invited Presentations:

- Clinical Aspects of Lyme Disease
Clinical Aspects of Lyme Disease Subcommittee Health and Human Services Tick-Borne Illness Working Group Oct. 2019
- Fibromyalgia, Myofascial Pain and Lyme Disease
Central Vermont Hospital, April 2001
- Fibromyalgia and Myofascial Pain, Laconia, New Hampshire Support Group, New Hampshire Arthritis Foundation, 1998
- “Physical Effects of Brain Injury,” New Hampshire Brain Injury Association, 15th Annual Conference, May 20, 1998
- “Minor (Mild) Closed Head Injury and Post-Concussive Syndrome,” New Hampshire Brain Injury Association, 15th Annual Conference, May 20, 1998
- “Fibromyalgia and Myofascial Pain”
Barre Discussion Group

“Physical Effects of Brain Injury,” State of New Hampshire, Division of Mental and Developmental Services, February 1996

“Fibromyalgia and Myofascial Pain,” North Conway Fibromyalgia Support Group, 1996

“Fibromyalgia and Myofascial Pain,” Sullivan County Fibromyalgia Support Group, New Hampshire Arthritis Foundation, 1995

“Fibromyalgia and Myofascial Pain,” Barre/Montpelier Fibromyalgia Support Group, Vermont Arthritis Foundation, 1994

“Minor Closed Head Injury in the Pediatric Population,” Speech Pathology at Randolph School, 1994

“Fibromyalgia and Myofascial Pain,” Lebanon Fibromyalgia Support Group, New Hampshire Arthritis Foundation, 1994 and 1995

“Fibromyalgia,” Healthline, Yankee Cable Network and Concord Hospital, Concord, New Hampshire, August 7, 1994

“Myofascial Pain,” Section of Behavioral Medicine, Dartmouth-Hitchcock Medical Center, 1993

“Utilization Review for Inpatient Rehabilitation,” New Hampshire Foundation for Medical Care, 1992

“Myofascial Pain,” Neurology-Neurosurgery Grand Rounds, Dartmouth-Hitchcock Medical Center 1992

“Myofascial Pain,” Department of Rehabilitation Medicine, Dartmouth-Hitchcock Medical Center, 1992

“The Americans with Disabilities Act,” Department of Rehabilitation Medicine, 1992

“Aspects of Physical Therapy in the Lower Extremity Amputee,” Mary Hitchcock Memorial Hospital, November 1990

“Rehabilitation of Neurobehavioral Consequences in the Patient with Traumatic Brain Injury,” Neurology/Neurosurgery Grand Rounds, November 1989

“Basic Electrodiagnostics,” Orthopedic Sunrise Conference, Dartmouth-Hitchcock Medical Center, October 1989

“Inpatient Rehabilitation as a Distinct Entity,” Regional Conference on Rehabilitation Medicine, Hanover, New Hampshire 1989

“Comprehensive Rehabilitation – A Case Study,” Medical and Surgical Conference, Chester County Hospital, October 1987

“Issues of Spine Stability in Traumatic SCI,” Grand Rounds, Bryn Mawr Rehabilitation Hospital, May 1987

Resident/Student Lectures:

“Neuro-anatomy of the Optic System,” 1984

“Anatomy and Kinesiology of the Lower Leg,” 1984

“Introduction to Laboratory Tests,” 1984 and 1985

“Peripheral Sensory Nerves and Receptors,” 1985

“Physiatry,” Department of Internal Medicine, St. Louis University School of Medicine, 1983

“Medical Complications in the Patient with Traumatic Spinal Cord Injury,” State Farm Insurance, New Jersey

Journal Articles:

Lee, Y., Yoshizawa, Y., Carr, R.G., Yokoyama, M.D.: AET-Treated Sheep Red Blood Cell and Immunobead for Combined Detection of Human Peripheral.

Lymphocyte Subpopulations: A. Immunitaetsforsch Immunobio. 155 (3):232-239, February 1979

Lee, Y, Yoshizawa, Y., Carr, R.G., Yokoyama, M.D.: A Simpler Method for Combined Detection of Human Lymphocyte Subpopulations. Int. Arch. Allergy Appt. Immunol. 59 (1):114-116, 1979.

Yoshizawa, Y., Lee, Y., Carr, R.G., Yokoyama, M.D.: A Method for Preservation of Lymphocyte Rosettes in Agarose. Immunol. Commun. 8 (2): 185-191, 1979.

Tuel, Stephen M., Carr, R.G., Sliwa, James A.: Deep Vein Thrombosis. Archives of Physical Medicine and Rehabilitation Vol. 66, Pg. 796, November 1985.

Carr, R.G.: Physical Medicine and Rehabilitation Aspects of Cervical Spondylotic Myelopathy. In Saunders, R., Bernini, P., eds. Cervical Spondylotic Myelopathy. Boston: Blackwell Scientific Publications, Inc., 1992.

OTHER ACTIVITIES

Amateur Radio:

Amateur Radio Operator, AA1KL, Extra Class, Licensed 1992 -

New Hampshire Amateur Radio Emergency Service member 1995 – 2018

NHARES Assistant Emergency Coordinator for Southern Grafton Area 1998 – 2002

NHARES Emergency Coordinator for Southern Grafton Area 2002 – 2010

VTARES Assistant Emergency Coordinator for Southern Windsor County 2002 – 2018

VTRACES Member 2008 - 2017

ARRL Amateur Radio Emergency Communications Course Level I 2003

ARRL Amateur Radio Emergency Communications Course Level II 2003

ARRL Advanced Amateur Radio Emergency Communications Course Level III 2003

American Red Cross Introduction to Disaster Services 2003

Basic FEMA Incident Command System Course 2003

Member Vermont Radio Amateur Civil Emergency Services 2008-